



2009-2014 Honda Insight Transmission Fluid Replacement

A video tutorial on how to change the transmission fluid on a 2009-2014 Honda Insight.

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INTRODUCTION

The automatic transmission fluid should be changed every 60k miles.

Follow this video tutorial by YouTuber [NutzAboutBolts](#) to complete the Replacment yourself.

Torque specs:

- 36 ft. lbs - Transmission drain plug

Safety

If this is your first time working on a vehicle read our [safety tips](#) before proceeding.

TOOLS:

- [3/8" Drive Ratchet](#) (1)
- [Phillips #2 Screwdriver](#) (1)
- [Oil Drain Pan](#) (1)
- [Long Neck Funnel](#) (1)
- [Paper Towels](#) (1)
- [Torque Wrench](#) (1)

PARTS:

- [Oil Drain Plug Gasket](#) (1)
- [Automatic Transmission Fluid 1 qt.](#) (3.25)

To reassemble your device, follow these instructions in reverse order.